

Safety Warnings

Before you sign this Trip Register, we would like you to read and understand the following Safety Warnings:

- Climbing is an intrinsically dangerous activity. You could be seriously injured or killed, even by events beyond your control, by taking part in climbing activities.
- Climbing is a team activity. It is typical for people with whom you are climbing to hold your life in their hands (e.g. belaying). Only climb with people you trust. If you are not sure then don't climb.
- The safety issues relevant to climbing outdoors are totally different to those involved with indoor gym climbing. VCC encourages the use of safe climbing practices but any climbing you undertake with the Club is at your own risk.
- VCC cannot guarantee your safety on climbing trips or other Club activities. You are
 personally responsible for your own safety, which includes choosing where and what you
 climb, what gear you use (whether it's yours or anyone else's), and with whom you
 climb.
- VCC strongly recommends that you go on training courses to learn and improve your safety and technical skills.
- It is a requirement that all participants on Club trips wear helmets specifically designed for rock climbing and which adhere to UIAA, CE or equivalent, at all times whilst climbing or belaying, or whenever above or below a cliff.
- No persons who are under the influence of alcohol are permitted to participate.
- Any advice or recommendation on climbing equipment given to you by VCC is not to be taken as any warranty that the equipment is fit for the purpose of climbing or of the performance of the equipment.
- In participating in VCC activities of any type the Club accepts no responsibility for the above or for the acts, omissions or defaults of any of its members or other persons.

If you feel uncomfortable about any of the above, the answer is simple – do not climb! We do not mean to frighten you off; we just want to make sure that you understand the risks involved and are prepared to accept personal responsibility for these risks.

- Minors, i.e. anyone under 18 years of age, may attend a Club trip if, and only if, accompanied by a parent or guardian.
- If you suffer from any allergies, are taking any medication, or have a pre-existing injury or illness, you **MUST** inform the Trip Leader.

Victorian Climbing Club Incorporated Trip Register					
Trip to:	Date:	Leader:			
Special Requirements (grade, no beginners, suitable for beginners, etc.):	Helmet required,				

By signing this Trip Register, you represent you are over the age of 18 years and acknowledge you have read and fully understand the Safety Warnings overleaf and accept that you assume all responsibility associated with these risks of climbing on trips organised by VCC and other VCC activities. You represent you have no mental or physical problem or limitations that might compromise or affect your ability to participate in VCC activities that have not been disclosed to VCC. You further represent you are fully capable of participating in these activities without causing harm to others or yourself.

Name	Member?	Address (Street and Email)	Phone	Emergency Contact & Phone	Participant's/Guardian's Signature
		Street Address	Home	Name	
			Mobile	Relationship	Helmet Required
		Email Address		Phone	Required Dig
		Street Address	Home	Name	
			Mobile	Relationship	Helmet Required
		Email Address		Phone	Required Dig
		Street Address	Home	Name	Helmet Required
			Mobile	Relationship	
		Email Address		Phone	
		Street Address	Home	Name	Helmet Required
			Mobile	Relationship	
		Email Address		Phone	
		Street Address	Home	Name	Helmet Required
			Mobile	Relationship	
		Email Address		Phone	
		Street Address	Home	Name	Helmet Required
			Mobile	Relationship	
		Email Address		Phone	
		Street Address	Home	Name	
			Mobile	Relationship	Helmet Required
		Email Address		Phone	Nogarrou Din